During this school year I have discovered that I am very talented in some aspects of work while lacking in others. I find strength in doing a lot of work in a small time frame which coincides with my main weakness which is procrastination. I have grown a great deal when writing great lengths of literature and my skills in citation, especially from my research paper. I have also grown to find ways to enjoy the work I have to do. I know that I need to work on my procrastination and am fully aware that it is a serious problem and I need to address it. I really waited too long to work on my animal farm test when I should've begun it earlier. This year I have mentally changed a lot: I have become more friendly, more tired, and more time based. Emotionally I have gotten over a lot of ailments I had during last year as well as issues I have with myself. Knowingly unfair I have begun to perceive energetic people as more annoying, which is most likely rooted in my ever growing lack of sleep. I have really gotten involved in the marching band at Kempsville and that has been one of the most favorite activities I have ever done. Marching Band has actually improved my work ethic overall and driven me to strive towards a leadership role which I would never have before. Being in the marching band has really made me a more joyful person and helped me make many good friends. I would tell my eighth grade self not to worry so much about every little thing. I had an issue with over stressing myself for everything. Overall my experiences have assisted me in growing more as an individual and pointing out some of my weaknesses.